

OpenLearn materials published in July 2019

Course materials

CAU	code	title	overview	URL	live date
WELS	COTC_1	<i>Coaching others to coach</i>	Are you responsible for helping coaches to learn and develop? Do you consider yourself to be a coach developer, a coach educator, a mentor, a tutor or somebody else who just wants to support coaches and enable them to become the best coach they can be? This course is designed to support people like you. It is a course dedicated to developing the people who develop the coaches. It is particularly intended to support people who are just beginning to support coaches or those who want to develop their expertise in the role further.	https://www.open.edu/openlearn/health-sports-psychology/coaching-others-coach/content-section-overview	08/07
STEM	SDT306_1	<i>Eating for the environment</i>	'You are what you eat', goes the old adage, but what you eat also has an impact on the environment. This free course will explore the links between food, nutrition and environmental sustainability. It will start by exploring the diversity on your dinner plate and encourage you to reflect on it in relation to dietary choices and preferences of people around the world. It will explore the connections between food, culture and traditions, and the challenges in providing healthy and nutritious food to the world's growing population. The course will examine innovative approaches to food that also help environmental sustainability.	https://www.open.edu/openlearn/nature-environment/eating-the-environment/content-section-0	11/07
STEM	S826_1	<i>Exploring anxiety</i>	This free advanced level course serves as an introduction to masters level study in neurosciences and mental health. Focusing on anxiety, you will consider key issues concerning diagnosis, causes and interventions. You will also learn how to evaluate news items, and to go behind the	https://www.open.edu/openlearn/science-maths-technology/exploring-anxiety/content-section-0	15/07

			headlines and begin to explore some of the more contemporary and controversial findings within the field.		
STEM	S826_P2	<i>Exploring depression</i>	This free advanced level course serves as an introduction to masters level study in neurosciences and mental health. Focusing on depression, you will consider key issues concerning diagnosis, causes and interventions. You will also begin to explore theoretical models, biological and psychological explanations, and look at a range of pharmacological and psychological therapies for depression.	https://www.open.edu/openlearn/science-maths-technology/exploring-depression/content-section-0	15/07
STEM	S826_1P3	<i>Exploring the relationship between anxiety and depression</i>	This free advanced level course serves as an introduction to masters level study in neurosciences and mental health. Focusing on anxiety and depression, you will consider key issues concerning diagnosis, causes and interventions, exploring how these conditions relate to each other. You will also explore some of the more contemporary and controversial findings within the field.	https://www.open.edu/openlearn/science-maths-technology/exploring-the-relationship-between-anxiety-and-depression/content-section-0	15/07
FASS	CA_1	<i>Rising China and Africa's development: oil</i>	China has emerged as a global economic superpower over the past few decades. This has sparked intense academic and popular debate about the long-term implications of its continued growth. The expansion of China into African countries in pursuit of natural resources has incited particular controversy – does it spell increased cooperation between developing countries for mutual benefit or are Chinese practices largely exploitative, signalling a new phase of neo-colonialism? This free course considers the impact of the rise of China on Africa's development through the lens of oil production.	https://www.open.edu/openlearn/society-politics-law/rising-china-and-africas-development-oil/content-section-overview	16/07
STEM	S350_1	<i>Assessing contemporary science</i>	Effective communication is essential in science, but do you ever wonder whether articles written about science in the news are thorough, unambiguous and objective? Rigorous assessment is at the heart of good science. This free course will introduce methods of examining reports and	https://www.open.edu/openlearn/science-maths-technology/assessing-contemporary-science/content-section-0	18/07

			reaching the 'science behind the news'.		
FASS	A233_1	<i>Exploring Thomas Hardy's Far from the Madding Crowd</i>	This free course is designed to tell you something about Hardy's background, and to introduce you to the pleasures of reading a nineteenth-century novel. Why do we believe in fictional characters and care about what happens to them? You will discover some of the techniques that Hardy uses to achieve an illusion of real people and their relationships in a real world. Through analysing narrative you will think about who the narrator is, and the importance of the narrative point of view in telling the story, as well as understanding how characterisation, the use of dialogue, time and locations work within the novel.	https://www.open.edu/openlearn/history-the-arts/exploring-thomas-hardys-far-the-madding-crowd/content-section-0	18/07
WELS	KE206_1	<i>Supporting children and young people's wellbeing</i>	This free course looks at some of the broader concerns regarding wellbeing and the idea that children and young people today are increasingly reporting feelings of unhappiness. By completing the activities, you will be introduced to different ways of understanding children and young people's wellbeing as well as a variety of practices and services that can provide support.	https://www.open.edu/openlearn/health-sports-psychology/supporting-children-and-young-peoples-wellbeing/content-section-0	24/07
FASS	DB125_1	<i>Rent or buy? The challenge of access to housing</i>	Everyone needs a place they call home and housing costs are usually your largest outgoing. Many aspire to buy, but rising house prices, while good news for existing owners, put homeownership beyond the reach of others. This free course addresses some of the most important decisions that households must make: buy or rent? Why is housing viewed as a safe investment? Are house prices too high? How can we tell and what makes them change? This free course can help you with your own housing decisions, as well as understand the politics that often drive the housing market.	https://www.open.edu/openlearn/money-business/rent-or-buy-the-challenge-access-housing/content-section-0	25/07

FASS	DD803_1	<i>Panic attacks: what they are and what to do about them</i>	This is a free course that should be helpful to anyone who experiences panic or panic attacks, for their family and friends, and anyone more generally interested in mental health and mental health treatment. The course starts by exploring formal definitions of panic and panic attack. These are then contrasted with personal accounts of the experience of panic. It also presents some of the key understandings of why panic attacks happen, and provides an overview of the main ways people can get help and help themselves.	https://www.open.edu/openlearn/health-sports-psychology/panic-attacks-what-they-are-and-what-do-about-them/content-section-0	30/07
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Video materials

CAU	title	overview	URL	live date
FBL	<i>McGovern V Attorney General</i>	Can an organisation that undertakes a political purpose be considered a charity? The answer is not so simple ...	https://www.youtube.com/watch?v=-OG_O2eFaHk	05/07
STEM	<i>The Formation of the Moon</i>	How did the moon form? Forget a single giant impact – relentless bombardment could explain the Moon’s formation, says research student Zoe Morland.	https://www.youtube.com/watch?v=IYn3q0GZ_ys	12/07
STEM	<i>Living on the Moon</i>	Tara Hayden, of the School of Physical Sciences, explores the Apollo legacy and the future of human exploration.	https://www.youtube.com/watch?v=JTTsXQ2tVok	17/07
STEM	<i>Moon Rocks at The Open University</i>	Dr Mahesh Anand explains the importance of his work researching the Moon rocks collected by Apollo 11 and how to use our Virtual Microscope to look at them in greater detail.	https://www.youtube.com/watch?v=SP9TTpvOIUc	19/07
FASS	<i>Life after death</i>	We are profoundly ignorant about many things in life – what happens after death is just one of them, says Suzanne Newcombe, Lecturer in Religious Studies.	https://www.youtube.com/watch?v=77Q0aWLC88U	26/07

Articles and interactive materials

CAU	title	overview	URL	live date
FASS	<i>Are you a focused driver?</i>	Take our interactive and find out if you're alert when behind the wheel. Your attention will be put to the test.	https://www.open.edu/openlearn/health-sports-psychology/psychology/are-you-focused-driver	05/07
FASS	<i>Could you be a super linguist?</i>	Whether you are monolingual or speak more than one language, test your linguist skills with our short quiz and see how many languages you correctly identify.	https://www.open.edu/openlearn/languages/could-you-be-super-linguist	05/07
FASS	<i>African minister for a day</i>	Imagine you're the Finance Minister of an African country for the day – could you spread the oil wealth fairly and effectively?	https://www.open.edu/openlearn/society-politics-law/economics/African-minister-for-a-day	12/07
FASS	<i>Telling Tales: what is happening on police Facebook sites?</i>	Despite the vast increase in social media use by police forces since the late noughties, there hasn't been a great deal of published research into these online interactions. Online communication can be an effective way to capture community sentiments regarding police work. With the right investment, it is an exciting opportunity to allow communities and police to work effectively together.	https://www.open.edu/openlearn/society-politics-law/criminology/telling-tales-police-fb-sites	16/07
FASS	<i>Do you have a photographic memory?</i>	Can you hold an image in your mind by just looking at it? Find out with our photographic memory test.	https://www.open.edu/openlearn/body-mind/psychology/take-the-photographic-memory-test	19/07
FASS	<i>What actually happens inside us when we read?</i>	Stories are just stories, right? Not really. They are also incredibly powerful – and can both reduce prejudice, and help persuade.	https://www.open.edu/openlearn/tv-radio-events/tv/bbc-ideas#episode-details_22839	22/07
WELS	<i>Living with a learning disability</i>	Take our interactive to find out if people with learning disabilities have more independence now institutions are closed, and if it has led to greater inclusion within local communities.	https://www.open.edu/openlearn/health-sports-psychology/health/living-learning-disability	23/07