

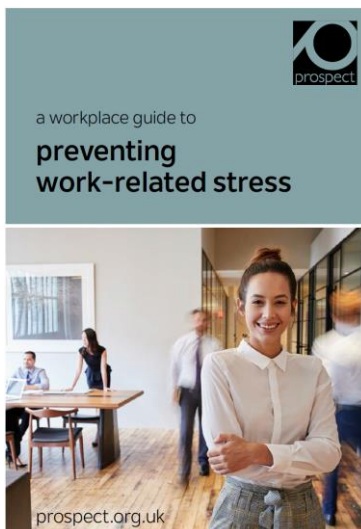
November 2018

Welcome to the latest edition of the energy health and safety bulletin, which is issued to all health and safety representatives in the ESI sector.

In this edition:

- Prospect's new guide to preventing stress
- Download the slides from the ESI Human and organisational factors seminar
- New health and safety stats show rising tide of stress
- HSE releases stress 'Talking Toolkit' for line managers
- TUC health and safety rep survey: Prospect's results are in
- New guide to tackling workplace diesel emissions

New guide to preventing stress



Prospect has released a refreshed guide on work-related stress, which sets out a tried and tested, evidence-based approach to tackling it at source.

It takes account of recent research, explaining why unjust workplaces cause harm and how harnessing the communities we are part of is a key element in tackling stress.

The guide is aimed at all members, but will be of particular use to health and safety representatives as it explains how to carry out a thorough stress risk assessment and the role of trade union reps in the process.

[Download the guide](#)

Download the slides from the ESI human and organisational factors seminar

Health and safety reps from across the ESI sector gathered at Prospect HQ on 30 October to learn more about human and organisational factors, the theme of Powering Improvement in 2018 and 2019.

The Health and Safety Executive defines human and organisational factors as the "environmental, organisational and job factors, and human and individual characteristics, that influence behaviour at work in a way that can affect health and safety".

You can download all the presentations – and the Just Culture toolkit that was distributed at the event – [from Prospect's website](#). You will need to be logged in to access them.

Those who couldn't make it on the day can read a write up of the presentations given by Aaron Curtis, a member of Prospect's Air Traffic Control Officers branch, [who discussed Just Culture](#) (the principle that employees should not be unjustly punished for their acts or omissions) and Steven Anniss, health and safety coordinator at Babcock's Devonport Royal Dockyard, on the [successes achieved by reps at the enormous site in Plymouth](#).

[Find out more about the Powering Improvement](#), which brings together the energy sector's union and employers, with the support of the HSE.

New HSE stats show rising tide of stress

Occupational ill health is on the rise and rates of work-related stress have reached an all-time high, according to new figures published by the HSE.

The comprehensive batch of health and safety statistics, released at the beginning of November, are analysed in a Prospect briefing, detailing the rate of ill health and injury across demographics, sectors and conditions.

[Download the briefing](#)

HSE releases stress 'Talking Toolkit' for line managers

The HSE has released a new toolkit aimed at line managers which explains how they can structure conversations and interventions with their staff in order to address stress.

Despite the document's name, Talking Toolkit: Preventing Work-Related Stress will not help line managers or their employers stop stress altogether and it should not be used as an employer's sole approach to tackling stress. However, it provides useful information linked to the HSE's Management Standards on measures that may help alleviate stress.

It will be of particular help to line managers who receive little support from their employer on how to address stress among the people who report to them.

[Download the Talking Toolkit](#)

TUC health and safety rep survey: Prospect's results are in

What's the most pressing risk facing Prospect's health and safety reps and their members? How many have ever seen an HSE inspector? What proportion are adequately consulted on health and safety matters?

We've crunched the numbers from Prospect reps who responded to the TUC's biennial safety rep survey and written a blog on the results answering all of these questions and more.

[Read the blog](#)

New guide to tackling workplace diesel emissions

The TUC has published new guidance on diesel exhaust emissions, highlighting practical and simple steps that employers can take to protect their workers.

It is estimated that 800 cases of cancer are caused by workplace exposure to diesel exhaust emissions every year, despite health and safety regulations failing to recognise it as a carcinogen.

[Download the guide](#)